

"Pay The Price" Motto Heads Towards Innovations For Possibly the Best Team Ever



Running, twisting, turning, and panting, the 1965-66 Wrestling team is building itself into what could possibly be the greatest wrestling team Oswego has ever had. The team's motto is "Pay the Price," but they appear to be going even beyond that.

At seven o'clock three mornings a week the wrestlers have voluntary workouts which are conducted more like a track practice than a wrestling one.

Under the supervision of a voluntary faculty, Mr. White Warner, the wrestlers, with almost a hundred percent attendance, have been enthusiastically attending these volunteer workouts which are particularly designed to increase their endurance.

Coach James Howard believes the morale and spirit of this team is the best of any he has every coached. With two or three wrestlers competing in almost every weight class for a first string berth, the wrestlers' sense of aggressiveness, sportsmanship, and inter-squad loyalty are developing into a great pride and faith in themselves and the team.

The innovation this year of a Gold and White team which distinguishes between first string wrestlers and the rest of the team is one important reason for this high morale.

The Gold team, whose members wear gold shirts, consists of the number one man in each weight class. The White team consists of those wrestlers who are not currently a member of the gold team.

The initial categorization of each man is determined in a Round-Robin wrestle - off in

which each wrestler wrestles all of the other contenders in his weight class. The victor in each weight class then becoming a member of the Gold team.

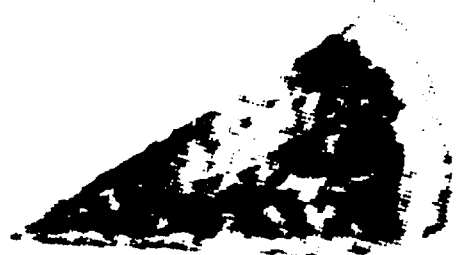
After the initial wrestle-off, the wrestlers of the White team can only advance to the Gold team, by twice defeating the corresponding Gold team wrestler in an organized wrestle-off in practice.

The results of all this work could be the best wrestling team Oswego has ever had. The team is loaded with outstanding, powerful, wrestlers who are now reaching very high degrees of physical conditioning. This conditioning is a result of the team's fine spirit and determination to be the very best that they are capable of being.

by Randy Timmerman

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