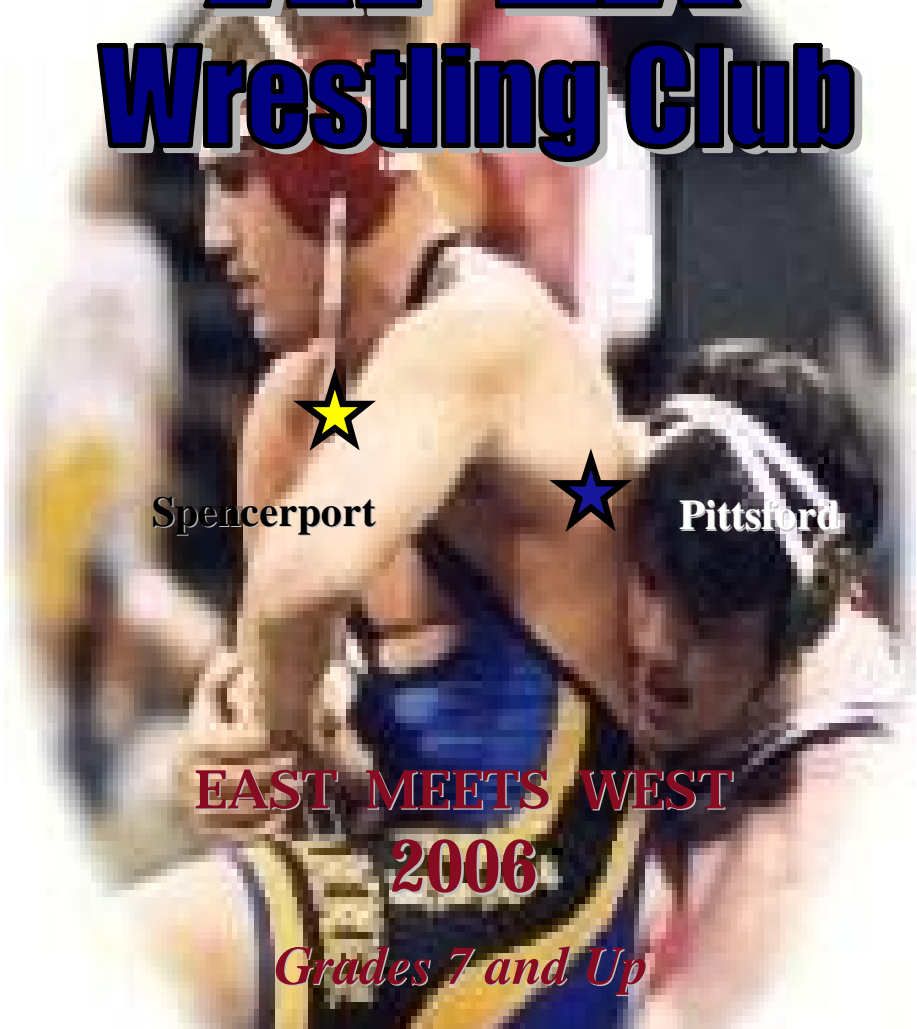


APEX Wrestling Club



Spencerport

Pittsford

**EAST MEETS WEST
2006**

Grades 7 and Up

USA WRESTLING

APEx Registration Form

Please fill out and bring to Registration. Spencerport, March 13th or Pittsford, March 16th.

Insurance Information **MUST** be filled in! **Fee: w/AAU CARD\$80 w/USA CARD\$90, Make checks**

payable to: Apex Wrestling Club.

First Name: _____ Last Name: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Home Phone: () _____ Dad's Work Number: () _____

Date of Birth: / / _____ Mom's Work Number: () _____

High School: _____ Weight: _____

T-Shirt Size: S M L XL XXL Years Exp.: _____

Insurance Company: _____ Contract Group # _____

Parents Signature: _____

Office Use Only: Check Number: _____ Cash Received: _____

CLUB DIRECTORS

Bill Jacoutot, Spencerport High School, Head Wrestling Coach

- 2001 National High School "Coach of the Year Finalist"
- 305-29-2
- Teams ranked in the nation 1993, 1997, 1998, 2004
- Nine New York State Champions
- 38 Section V Champions
- NYS Team Champions 1993, 2001, 2002, 2004

Jason Bovenzi, Pittsford High School, Head Wrestling Coach

- Coach of 2001 Monroe County East Champions
- Coach of 2005 Monroe County Division 1 Champions
- 3 Time NCAA All-American
- 2 Time NCAA National Champion
- Monroe County League Coach of the Year - 2000, 2001, 2005
- Section V Class C Coach of the Year - 2001

PHILOSOPHY

- Develop techniques specific to international styles, facilitate development in match experiences. Live wrestling will be made available at every session.
- Home of the **GRIND MAT!**
- Learn technique or just wrestle, the GRIND MAT gives every wrestler the option to do what **they** want.

DATES: Sessions begin Monday March 13th and end May 25th. Monday sessions will be @ Spencerport from 7:30-9:00 until Spring Recess. Sessions will be an hour earlier after break

Thursday sessions will be @ Pittsford (7:00-8:30).

*No practice will be held over Spring Recess

LOCATION

Spencerport Cosgrove Middle School, Right next to the High School

Pittsford Middle School, 75 Barker Rd. (¼ mile from Mendon HS)

Registration Dates: **Monday**, March 13th, from 7:30 to 9:00pm at Spencerport's Cosgrove Middle School. **Thursday**, March 16th, from 7:00 to 8:30pm at Pittsford Middle School.

FEE: For all participants wanting a **USA Card**, the fee will be \$90 (USA Card required for USA Wrestling sanctioned events)

• For those wanting an **AAU Card**, the fee is \$80

(AAU Card required for AAU sanctioned events)

• Possession of either card is sufficient for club use.

• (present birth certificate @ registration)

Please make checks payable to: **APEX Wrestling Club.**

***Come prepared to wrestle the first night!**

Fee Includes:

- Scholastic, Freestyle, and Greco-Roman wrestling instruction
- **APEX Wrestling Club sends 2 teams to the 1000 Islands Duals. Club participation gives wrestlers the opportunity to earn a spot on one of these teams.**
- Club T-Shirt
- APEX boasts guaranteed exposure to the highest level of competition in the area.

2005 Club Accomplishments

- **8 Monroe County Champions attended APEX!**
- **12 Class AA Champions**
- **Over 40 All-County award winners attended APEX!**
- **Over 40 All Monroe County JV Wrestlers**
- **Over 30 Supersectional Qualifiers (12 Finalists, 5 NYS Reps)**

FOR MORE INFORMATION

Bill Jacoutot 585.349.5371

Jason Bovenzi 585.267.3816

Email: Jason_Bovenzi@pittsford.monroe.edu

