

## The Second Annual Eagle's Summer Duals

# THE FIRST TEN TEAMS TO RESPOND AND PAY ARE IN! (All Star Teams are welcomed.) All others will go onto the wait list.

- Weight classes:105, 115, 125, 135, 145, 155, 165, 180, 215, 275
- A high school competition level will be enforced. Any 7<sup>th</sup> or 8<sup>th</sup> graders must have selective classification status.
- Saturday Sunday, July 8<sup>th</sup> 9<sup>th</sup>, 2006.
- Weigh-Ins begin at 8am and the first round will begin at 9:30 am.
   Expected time of tournament conclusion on Saturday is 5pm. Sunday wrestling to begin at 9am with the FINAL ROUND start time 1:30pm
- A lot of positive feedback to this tournament format
- Please send checks only. Cost is \$300 per team. Remember 9 matches!!!
- Tournament packets available with travel info, and tournament timetable. Email coach Arkee Allen at ewc34@hotmail.com

Wrestling to take place in the new gym of West Irondequoit High School (5 full mats!)

Send entry forms to:

Attn: Irondequoit Wrestling
Irondequoit High School
260 Cooper Road
Rochester, NY 14617

Send questions to:

ewc34@hotmail.com Arkee Allen: (585) 820-4330



Eagle's Summer Duals

Saturday - Sunday, July 8<sup>th</sup> –9<sup>th</sup>, 2006. Weigh Ins 8:00 – 9:00 am Irondequoit High School Gym, 260 Cooper Road, Rochester, 14617.

Every wrestler must fill out a separate entry form. Please send all entry forms along with the TEAM FORM in one packet.

#### **ENTRY FORM**

Name:	Estimated Weight:
Address:	
	Zip Code:
Phone:	Wrestling Club:
School:	Email?:
Grade:	
tournament. Staff reserves the any changes will be made to p	ondequoit Wrestling Club. There is UNLIMITED enrollment for this right to change the format of the tournament prior to the start date. In any event, rotect the best interest of the wrestlers. Concession stands will remain open for lub shirts, etc. will be available as well.
a minor, ask that he/ she be ad discharge and hold harmless the damages, claims, or demands out of the minor's attendance	e undersigned, individually and as a parent/ guardian of
PARENT/ GUARDIAN SIGN	ATURE REQUIRED

When:

Saturday & Sunday, July  $8^{th} - 9^{th}$ . 8am weigh-in, 9:30am start time on Saturday. Conclusion on Saturday is 5pm. 9 am start time on Sunday, with end of final round at 3pm.

Where:

Irondequoit High School Gymnasium and adjacent large cafeteria. 5 full mats. 2 borrowed from Webster Schroeder.

Hotels willing to give discount rates: Call EARLY!!! Holiday Inn Express (best choice) (585) 342-0430

Comfort Inn West, 1501 W. Ridge Rd, 14615. (585) 621-5700. Wellesley Inn-Greece, 1635 W Ridge Rd. (585) 621-2060.

What:

EAGLE WRESTLING CLUB presents the second annual Eagle's Summer Duals. This is a ten-team round robin tournament with high school level referees and 5 full mats. All high school rules apply but periods and duration of periods is subject to change. High school scoring will be in affect and dual meet tie-breaking rules will apply. THIS TOURNAMENT IS COMPLETELY SEPARATE FROM the IRONDEQUOIT HIGH SCHOOL WRESTLING TEAM and the Athletic Department. The weight classes are 105, 115, 125, 135, 145, 155, 165, 180, 215, 275.

Why:

It's fun. Most young wrestlers are starving for TEAM competition during the summer. Most importantly, with all the negative energy pulling on our young impressionable wrestlers it is good to be able to motivate them to stay on the straight and narrow during the summer break. It is imperative that they stay focused on their goals, and at the same time wrestle without the pressure of the high school dual meet season. The duals are scheduled before Empire State Games, and the Thousand Island Duals, thus the 9 duals can serve as a great tune up for those competitions.

How:

Talk to your coaches. Email me, Coach Arkee Allen at <a href="ewc34@hotmail.com">ewc34@hotmail.com</a> or call at (585) 820-4330 and ask for a tournament packet. I will send one via email or via the postal service. Send forms back with a check or checks made out to Irondequoit Wrestling, totaling \$300, before June 25<sup>th</sup>. Any check not received by June 25<sup>th</sup>, will be considered a withdrawal from the tournament and the next team on the waiting list will be entered.

We'll see you there!

### Eagle Summer Duals

**	Entry	Form.	COACH:
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the waiting list and money returned immediately.

If you are receiving this sign in sheet you will be entered into the tournament once your club's check(s) has cleared. The first 10 schools to respond are in and the rest will be placed on

### TEAM:

Saturday & Sunday, July 8th - 9th

	grade	grade
105	105	
115	115	
125	125	
135	135	
145	145	
155	 155	
165	165	
180	180	
215	215	
275	275	

### Cost for the tournament is \$300. Please Remit payment with entry. 9 matches in 2 days!!!

payment should be made out to:

Irondequoit Wrestling

Attn: Arkee Allen

260 Cooper Road

Rochester, NY 14617

questions go to:

Arkee Allen

ewc34@hotmail.com

after 7pm, (585) 820-4330

\*\*\* check list of things to include in correspondence:

Payment made out to Irondequoit Wrestling

permission slips \*

to stay posted on how many openings remain please check "announcements" on www.armdrag.com tentative lineup -- does not have to be 100% accurate

<sup>\*</sup> permission slips do not need to be submitted at this time, but every wrestler must come with a completed form the day of the tournament or they will not participate. If you can submit any forms before the tournament date it will help the tournament run smoothly.