Pal-Mac Youth Wrestling Pin-to-Win Tournament Saturday, January 21, 2006 Palmyra Macedon Central High School 151 Hyde Parkway, Palmyra

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Registration: Ages 5-10: 7:30 to 9:00 am Wrestling begins approximately 10:00 am

Ages 11-14: 7:30 – 11:00 am Wrestling begins approximately 1:00 pm

NO JV OR VARSITY EXPERIENCE

- **Ø** Split Session
- Ø All wrestlers to weigh-in at registration
- **Ø** Entry fee: \$15.00 (Checks payable to Pin and Win Club)
- **Ø** No Refunds
- **Ø** Sanctioned referees when possible
- Ø Spectator Admission: Adults \$2.00, Students \$1.00, Under 10 Free
- **Ø** Concessions Available all day
- **Ø** Format: Round Robin 4-man brackets. Each wrestler to have three matches to determine champion. Head-to-head, # of pins, technical and major decisions are primary tie-breakers. Tournament officials reserve the right to create 2, 3 or 5 man brackets as necessary.

Scoring system: Pin 6 points

Technical 5 points Major Decision 4 points Win 3 points

- Ø Highest cumulative point total wins (note emphasis on pinning!)
- **Ø** Trophies awarded for 1st place
- **Ø** Medals for all other places

Questions? Call Bob Ekstrom at (315)597-3820 or fax to (315)597-8987 or e-mail: mcourtne@rochester.rr.com

Wrestling is a high impact physical sport. I understand that my child may face physical challenges that surpass other sports. I welcome these challenges and hold harmless the coaches, volunteers, Pal-Mac School District, Palmyra Community Center and the Pin-n-Win Club. I have health insurance and assume all responsibility in the event of an injury.

Legal Gua	ardian Signature:		
Name of v	wrestler (print legibly):		
Age as of	1/1/2006:	Club:	
 (For use b	y tournament officials only)		
Cash	Check		#