



National Wrestling Coaches Association Names Austin Meys Wrestler of the Year for New York and Northeast Region

(June 8, 2009) The National Wrestling Coaches Association has named Shenendehowa High School senior Austin Meys the 2009 Wrestler of the Year for New York State and the Northeast Region.

A three-time New York State Champion, Meys was undefeated in his junior and senior years and was voted the Most Outstanding Wrestler in the state tournament both years. In the 2009 state tournament he pinned everyone he faced in the first period.

Bound for Lehigh University, Meys set a new record for the most wins in Section II with an overall career varsity record of 263-8. During his undefeated senior season, he pinned 42 of the 45 wrestlers he faced. Meys is also a National Cadet Freestyle Champion and was ranked 7th in the country at 189 lbs. by Amateur Wrestling News.

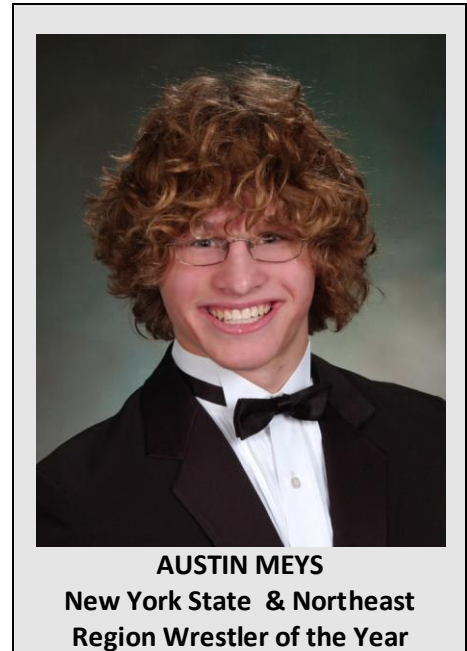
“Austin is one of the most talented wrestlers to ever step on a mat in New York State. His accomplishments as a wrestler and a student put him in a class of elite student-athletes the wrestling community is very proud of. He is a credit to our sport”, said Rich Romeo, NWCA state representative and President of the New York State Wrestling Coaches Association.

The Northeast Region for the NWCA includes New York, Maine, New Hampshire, Rhode Island, Massachusetts, Vermont, and Maine.

The National Wrestling Coaches Association, established in 1928, is a professional organization dedicated to serve and provide leadership for the advancement of all levels of the sport of wrestling with primary emphasis on scholastic and collegiate programs. The membership embraces all people interested in amateur wrestling. The NWCA, through its organizational structure, promotes communication, recognizes achievement, recommends rules and regulations, sponsors events, and serves as an educational and informational source. Additionally, the NWCA strives to foster the sportsmanship and integrity that are the cornerstones of athletic competition.

Past NYS Wrestler of the Year award winners were:

- 2008 Hunter Meys, Shenendehowa H.S.
- 2007 Cory Jantzen, Shoreham-Wading River H.S.



Information Provided by **Rich Romeo**, National Wrestling Coaches Association NYS Representative.